Rural Healthcare
Network

Public Reporting and Pay for Performance
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# Centers for Medicare and Medicaid Services (CMS) Quality Vision

The right care for every person every time

- Safe
- Effective
- Efficient
- Patient-Centered
- Timely
- Equitable

Institute of Medicine (IOM) "Crossing the Quality Chasm" (2001)

### **CMS**

".. there are still lots of examples of where we are paying more than we need to for complications, medical errors and duplicative procedures".

Mark McClellan, MD, PhD CMS Administrator

#### CMS...

"Today, Medicare pays the same amount regardless of quality of care. Some people would argue that in fact, the current Medicare payment system rewards poor quality". "This situation just doesn't make sense to me, nor should it to beneficiaries."

Senator Charles E. Grassley (R) Iowa

Chair, Senate Finance Committee

### Why Pay for Performance?

Current system rewards quantity, not quality

Rising costs drive focus to quality, value

Align payment structure with professional goals of improved health outcomes

### **Congressional Actions**

- Hospital Pay for Reporting
- Medicare Modernization Act (MMA)
- Deficit Reduction Act (DRA)
  - \_ Reduce payments for hospital acquired infection?

# **Hospital Incentive Program**

- Started in October 2003
- Premier Hospital Demonstration project
- Top 10% get 2% bonus
- 2<sup>nd</sup> 10% get 1% bonus
- Public reporting by CMS

# **Premier Demonstration project**

- A three-year project (launched in 2003)
- Linking payment with quality measures
- Top performers identified in 5 clinical areas
  - \* Acute Myocardial Infarction (AMI)
  - \* Heart Failure (HF)
  - \* Coronary Artery Bypass Graft (CABG)
  - \* Hip & Knee Replacement
  - \* Community Acquired Pneumonia (CAP)

### **CMS/Premier Demonstration Project**

- National Participation
- Rural
- Urban
- Critical Access

Licensed operational bedsizes range from 25 to > 1000 with an average of 351 beds

### **Year 1 Results**

"Medicare demonstration shows that hospital quality of care improves with payments tied to quality"

"The Centers for Medicare & Medicaid Services (CMS) reported today that quality of care has improved in hospitals participating in the Premier Hospital Quality Incentive demonstration, a groundbreaking Medicare pay-for-performance demonstration project"

CMS Office of Media Affairs, Medicare News, Nov15, 2005

### **Financial Awards**

\$8.85 million awarded to 123 top performers

 Top performers represented large and small facilities nationally

# **Total Payments by Clinical Area**

CABG

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Hip & Knee

\$2,060,640

\$2,077,667

CAP

\$1,817,575

AMI

\$1,755.902

HF

\$1,139,354

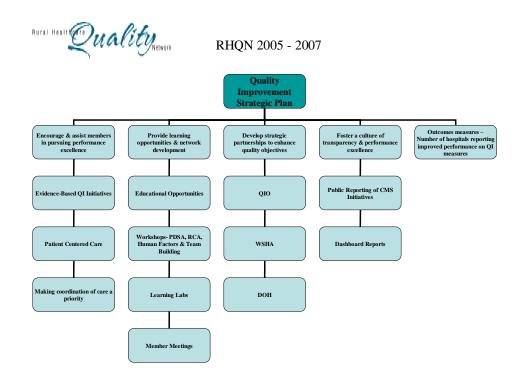
### **Why Quality Matters**

- Higher quality yields less readmissions
- Higher quality results in lower length of stay
- Higher quality yields fewer complications
- Higher quality yields lower cost

# Demonstration Project: Lessons Learned From Top Performers

- "Quality" core value of the institution
- Priority of executive team
- Physician engagement
- Improvement methodology
- Prioritization methodology
- Dedicated resources
- Committed "Knowledge Transfer"

# **Rural Healthcare Quality Network**



# Potential topics for Rural Hospital Quality- CMS

- Heart Failure
- Pneumonia
- Surgical Infection Prevention
- Emergency Department, vital signs and trauma monitoring, AMI/ chest pain
- Emergency room transfers
- Medication teaching
- Continuity of care

# "Rurally Relevant Measures" University of Minnesota: Feasibility Study

- Emergency Department (ED)Transfers
- Care of AMI/ Chest Pain in the ED
- Trauma, frequency of vital signs

Results due December 2006 and will be shared with CMS

### **Potential Measures: AMI**

- Timing of EKG
- Timing/Medication administration:

**Thrombolytics** 

**Aspirin** 

### **Potential Measures: Trauma**

Was blood pressure, pulse rate, respiratory rate and time taken documented on arrival to the ED and through the first 4 hours, or until the patient is admitted, discharged, expired or transferred.

# Potential Measures: ED Transfers, Documentation of:

- Nurse to nurse communication prior to transfer
- Physician to physician documentation
- Name of receiving hospital
- Patient information: name, address, age, gender
- Contact Information: significant other/and or family member sent with patient

### **ED Transfer Measures, cont**

- Insurance/payment source information sent
- Vital signs taken and sent
- Other assessments: APGAR scores, Glasgow Coma Scale (GCS) or neuro flow sheet

### **ED Transfer measures, cont**

 Does Medical Record documentation indicate that the following physician communications were sent with the patient?

History and Physical

Reason for Transfer/Plan of Care

### **ED Transfer Measures cont...**

- Does Medical Record documentation indicate that the following nursing communications were sent with the patient?
  - a. Medication History
  - b. Allergies and reactions
  - c. Impairments
  - d. Comprehensive nurses notes

### **ED Transfer Measures cont...**

- Does Medical Record documentation indicate that information was sent about the treatment provided in the originating hospital?
  - a. Medication Administration Record
  - b. Catheters
  - c. Oral restrictions (NPO etc)
  - d. Immobilizations
  - e. Respiratory support provided

### **ED Transfer Measures Cont...**

- Does Medical Record documentation indicate that information was sent on the tests and procedures that were done in the ER?
- Does Medical Record documentation indicate that the results from completed tests and procedures were sent with the patient?

# Meeting the Challenges, How Can Rural Hospitals Improve Quality?

- Transformational change
- Evidence based care
- Based on national standards and guidelines
- Enabled by reliable systems
- Culture of continuous improvement
- Chronic Care model
- Patient –centered, coordinated care
- Information technology supporting processes

# **Issues Unique to Rural Hospitals**

- Health/self-care behaviors
- Demographics- income, education, age, insurance
- Reduced scale beds, staff, physicians, specialists
- Availability of Technology
- Importance of Geography/Linkages

# **Challenges to Quality in Rural Hospitals**

- Culture of quality not promoted
- Lack of clinical champions
- Resource management
- Inadequate knowledge/tools to drive quality improvement efforts
- Having to focus on the short term
- Lack of, or limited infrastructure to collect/analyze data

# Steps to Improving Quality of Care in the Rural Setting

- Develop a culture of quality with leadership support, training, and collaboration
- Share information, expertise, and resources (RHQN Learning Labs)
- Collect, analyze, and report data
- Focus on measures that are important in the rural setting

### Steps to Improvement

- Link Quality Improvement (QI) to the mission and strategic plan
- Reorient/reinforce culture supporting CQI
- Reorient QI strategies to include population approach
- Assess community health status and needs
- Establish multi-disciplinary QI teams
- Partner with others: RHQN, QIO, DOH, IHI

### **Roles of Forward Thinking Leaders**

- Patient AND population-centered focus
- Focus on evidence based care
- Provision of an innovative environment and resources
- Willingness to invest in redesign
- Understanding how departments relate to each other and transfer of learning across units and practices

#### Cont...

- Support reward and recognition systems
- Investment in their workplace to help them achieve full potential
- Investment in Health Information Technology

# **Transformational Change**

 Change which enables a provider to deliver care meeting the goals of safety, effectiveness, efficiency, timeliness, patientcenteredness and equity

### **Transformation**

 "Adding wings to caterpillars does not create butterflies – it creates awkward and dysfunctional caterpillars. Butterflies are created through transformation"

Stephanie Pace Marshall

### **Questions?**

- Jackie Huck, Rural Healthcare Quality Network jackieh@awphd.org
- References
   CMS <u>www.cms.hhs.gov</u>
   Oklahoma Foundation for Medical Quality
   Stroudwater Associates: Clint Mackinney MD